



LEARN TO
SKATE
USA



with the Smithfield Figure Skating Club

Our **Beginner** thru **Advanced** skating classes for skaters **age 3** thru **adult** will be held on **Saturdays** beginning **September 14, 2024** at the Smithfield Municipal Ice Rink.

Smithfield FSC's Learn to Skate (LTS) Program is a proud member of LEARN TO SKATE USA

LEARN TO SKATE USA is the only official learn to skate program endorsed by US Figure Skating, USA Hockey and US Speed Skating. Skaters are grouped by **ability** and **age**. Badges are awarded at end of each session to skaters who achieve all goals.

2024 Fall Session Schedule

Week 1: September 14 th	Week 5: October 19 th	Week 9: November 16 th
Week 2: September 21 st	Week 6: October 26 th	Week 10: November 23 rd
Week 3: September 28 th	Week 7: November 2 nd	
Week 4: October 5 th	Week 8: November 9 th	

Snowplow Sam/Basic 1-6 through Freeskate levels will be placed in either Groups A, B or C

<u>Group A</u>	<u>Group B</u>	<u>Group C</u>
12:00pm - 12:25pm Group Lesson	12:25pm – 12:50pm Group Lesson	1:00pm - 1:25pm Group Lesson
12:25pm – 12:50pm Practice (Independent free skate)	12:00pm - 12:25pm Practice (Independent free skate)	12:25pm – 12:50pm Practice (Independent free skate)

Registration @ The Smithfield Ice Rink

109 Pleasant View Ave, Smithfield RI

Wednesday, August 21st , 5-6pm

Wednesday, September 4th , 6-7pm

If you are unable to register in person, please email your completed forms to learntoskate@smithfieldfsc.org

LTS Group Lesson Fees

For all NEW Skaters: \$170 (Includes 2024 Annual LTS Registration)

Summer 2024 Returning Skaters: \$150

Fees payable by cash, check or via Venmo: @Treasurer SFSC or scan QR code -->



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Now Offering Specialty Classes - See Page 2 for Details!

Skaters should wear layers of comfortable clothing that allow movement & gloves/mittens. Single blade (sharpened) skates only. Safety or Bike helmets are strongly recommended for younger beginner skaters. Only registered skaters are allowed to be on the ice during lessons/independent free skate.

Serving the communities of northern RI -- The Smithfield Figure Skating Club is a non-profit organization managed by volunteers.

For more information, please visit our website: www.smithfieldfsc.org



LEARN TO **SKATE** USA



with the Smithfield Figure Skating Club **Specialty Classes**

Saturdays beginning **September 14, 2024** at the Smithfield Municipal Ice Rink. Specialty classes will be offered for 10 weeks, on the following dates: 9/14, 9/21, 9/28, 10/5, 10/19, 10/26, 11/2, 11/9, 11/16 & 11/23.

For Skaters who are in Basic 5 & Above

Off-Ice Training (class time to be finalized following registration)

Off Ice Training is a specialty class for skaters looking to enhance their overall development and to complement on-ice lessons. This 25-minute class will focus on increasing the skater's strength, posture and endurance. This class will take place inside and outside the rink (weather permitting). Sneakers are required and yoga mats recommended.

Edge Class (On Ice): 1:25pm - 1:50pm

This specialty class is for skaters that would like to develop stronger edge use, power and stamina. This 25 minute fast-paced class will improve edge quality, transitions and speed!

Specialty classes must be taken in addition to LTS group or Private lessons.

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Specialty Class Fees*:

- **Off Ice Training Class:** \$170 New Skater / \$150 Summer 2024 Returning Skater
- **Edge Class:** \$170 New Skater / \$150 Summer 2024 Returning Skater

**All NEW skaters must pay \$20 for LTS Annual membership included in New Skater pricing.*

Fees payable by cash, check or via Venmo: @Treasurer SFSC or scan QR code -->

Independent Free Skate (Practice) sessions that conflict with specialty classes will be shifted for students that are participating in Specialty Class(es) & Group LTS Classes.



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