



## SMITHFIELD FIGURE SKATING CLUB

# LEARN TO SKATE - SPECIALTY CLASSES

### Parent & Tot Class

This class is for tots ages 3 to 5 and a parent or guardian 18 or older. An instructor will guide parents and tots through basic skating techniques utilizing games and activities geared towards the tots' ability. \*Parents/guardians must have competent skating ability in order to help their child during the lesson. Limit 2 tots per parent/guardian.

- 11:30am-11:45am – Practice (free skate)                      *(Summer Session 4:50-5:00pm – Practice)*  
11:45am-12:10pm – Group Lesson                                      *(Summer Session 5:00-5:25pm – Group Lesson)*
- Tots ages 3 to 5 accompanied by a parent/guardian

### Hockey Skills Class

Class will teach the fundamentals of hockey skating. Skaters will learn how to maneuver faster and be more agile on the ice. Proper skating techniques are the primary focus. All elements will be taught without pucks or sticks. Skaters will learn the fundamentals to be successful in game situations. Class will provide an excellent foundation for participation in area hockey programs.

- 11:30am-11:45am – Practice (free skate)                      *(Summer Session 4:50-5:00pm – Practice)*  
11:45am-12:10pm – Group Lesson                                      *(Summer Session 5:00-5:25pm – Group Lesson)*
- Skaters younger than 6 years of age must have passed Snowplow Sam 1;  
6 years & up -- NO prerequisite

### Jump & Spin Class

Introductory class will teach the basic technique of jumping and spinning on the ice. Skaters will receive instruction in basic jump take offs, air positions, and landings as well as basic spin execution. We strongly recommend that Jump & Spin classes be taken in conjunction with a regular badge class. If added to a badge class, the Jump & Spin class will be discounted.

- 12:10-12:35pm – Group Lesson                                      *(Summer Session 4:50-5:00pm – Practice)*  
12:35-12:55pm – Practice (free skate)                                      *(Summer Session 5:00-5:25pm – Group Lesson)*
- Skater must have passed Basic 4