



## SMITHFIELD FIGURE SKATING CLUB

# SPECIALIZED LEARN TO SKATE CLASSES

### Parent & Tot Class (NEW!)

This class is for tots ages 3 to 5 and a parent or guardian 18 or older. An instructor will guide parents and tots through basic skating techniques utilizing games and activities geared towards the tots' ability. \*Parents/guardians must have competent skating ability in order to help their child during the lesson. Limit 2 tots per parent/guardian.

- 12noon-12:15pm – Practice (free skate)                      *(Summer 5:00-5:15pm)*  
12:15-12:40pm - Group lesson                                      *(Summer 5:15-5:40pm)*
- Tots ages 3 to 5 accompanied by a parent/guardian

### Hockey Skills Class

Class will teach the fundamentals of hockey skating. Skaters will learn how to maneuver faster and be more agile on the ice. Proper skating techniques are the primary focus. All elements will be taught without pucks or sticks. Skaters will learn the fundamentals to be successful in game situations. Class will provide an excellent foundation for participation in area hockey programs.

- 12noon-12:15pm – Practice (free skate)                      *(Summer 5:00-5:15pm)*  
12:15-12:40pm - Group lesson                                      *(Summer 5:15-5:40pm)*
- Skaters younger than 6 years of age must have passed Snowplow Sam 1;  
6 years & up -- NO prerequisite

### Jump & Spin Class

Introductory class will teach the basic technique of jumping and spinning on the ice. The skaters will be given the proper instructions on basic jump take offs, air positions, and landings as well as learning basic spin execution. This class will be taught by Brad Vigorito, five-time Senior Level Eastern Sectional Competitor and New England Regional Medalist.

- 12:40-12:55pm – Practice (free skate)                      *(Summer 5:00-5:15pm)*  
12:55-1:20pm - Group lesson                                      *(Summer 5:15-5:40pm)*
- Skater must have passed Basic 4